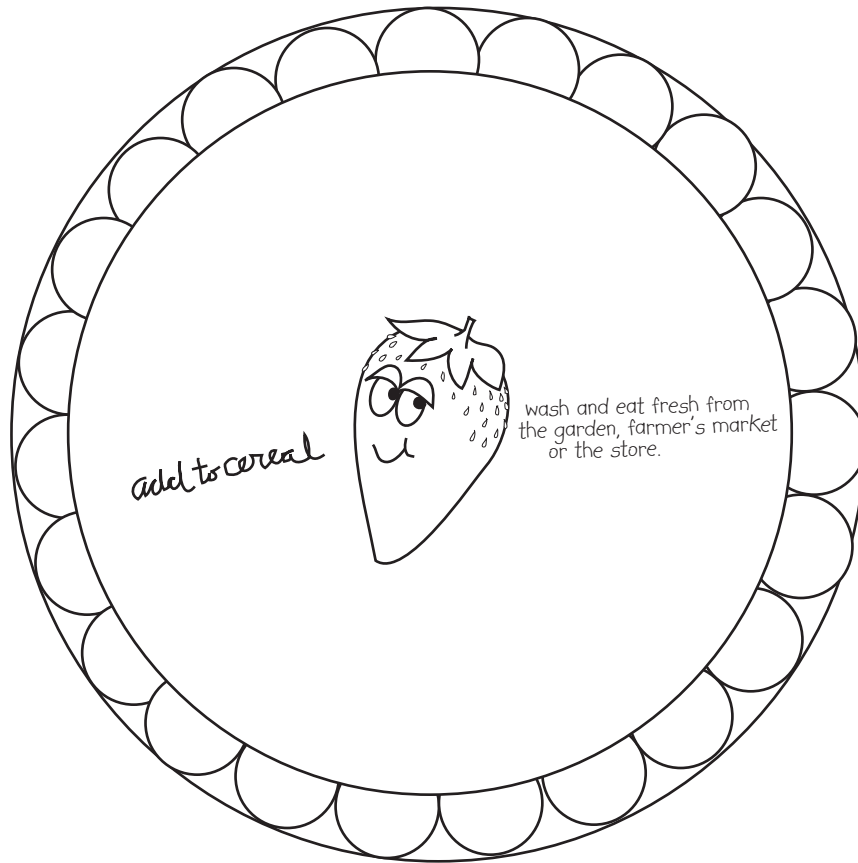


What Do You Do With It?



- Buy a package of white paper plates.
- Have students draw a different single fruit or veggie in the middle of each plate. (You can also use photographs, cut-outs from magazines or the stickers from "THINK COLOR as you eat.")
- Each week, hang one plate on a bulletin board.
- Ask students to write all the ways they eat the fruit or veggie on the plate.
- Have discussions during the week and again at the end of the week.
- Refer back to the project working with one page per week from "THINK COLOR as you eat!" Co-ordinate the plate with the page you are working with.

Expand this project in a variety of ways...

- Collect the plates. At the end of the project these could be translated to a booklet. Make copies for each student. Be sure to keep a copy in the classroom for reference. Involve students in this aspect of the project if they are old enough.
- Create a story with the information on one plate.
- Create a "Mini-Cookbook" from the information on one plate.
- Discuss what else can you do with the information that you have gathered?
- Discuss options for what to do with the paper plates.